

Fall Team, Training Team and Pre Team Schedules

Competitive Team Level C Gold (4,5,6 and High School)

Monday and Tuesday Level 4 & 5 only! 3:30 to 6:00 and

Monday thru Thursday 6:00 to 8:30

NOW! Friday 5:00 to 8:00

Saturday 8:00 to 11:00

\$215.00 a month

P.S. Thursday night is the best night in the gym for Team

Training Team Level D (7,8)

Monday and Thursday 4:00 to 6:00 Tuesday 4:30 to 6:30

Wednesday 6:00 to 8:00 and Friday 4:30 to 6 and

Saturday 8:00 to 10:00

4 Hours (pick 2 days) \$150 a month

6 Hours (pick 3 days) \$165 a month

USA Gymnastic Teams Levels 1 thru 6

Pre-Team (5yrs to 8 yrs)

Monday thru Wednesday 4:30 to 6:00

Friday 4:30 to 6:00

1 ½ Hours (1 day) \$95 a month

3 Hours (2 days) \$130 a month

Pre-JOGA (9 yrs and up)

Monday and Friday 6-7:30

Tuesday, Wednesday and Thursday 6:00 to 8:00

Saturday 9:00 to 10:30

3 Hours (2 days) \$130

3 ½ hours (2 days) \$135

4 Hours (2 days) \$150